

Hello Gorgeous

310 S. Splitrock Blvd.
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www.HelloGorgeousInc.com

AQUAVIDA SYSTEM DETOXIFICATION SYSTEM

Aquavida offers a system to detoxify the body, in a safe, simple user friendly way. The key to this system is a special high-tech array that emits a bio-energetic resonance into the water that then passes through the pathways of the body.

Using the feet as a conduit to improve one's overall health by unblocking vital energy pathways is not new. The Chinese use of the body's natural catharsis and works by energizing the water to attract both positive and negative ions from both the water and the body.

When the foot spa is turned on the array emits a bio-energetic resonance that travels through the water and the body, an electrolytic reaction takes place. The water in the foot spa stimulates the body and creates a positive effect on the balancing of our well-being.

The system assists the body to balance one's pH factor. Our bodies are designed to be slightly alkaline. Our body is constantly trying to maintain this slightly alkaline state in order to function efficiently. Excessive acid in our bodies upsets the body's balance and adverse symptoms occur. When the pH is out of balance it affects us at the cellular level which leads to degenerative diseases. Even common symptoms such as constipation, digestive problems, heartburn, headaches, frequent colds, fatigue and sleeplessness seem to arise when our pH is not maintained.

The body will do anything to try to maintain a balanced pH including leaching minerals from the tissues in our body. When we alkalize our bodies our bloodstream flushes toxins from the tissues which keep the blood flow smooth.

Toxic environments, diet and stress all contribute to our bodies being overly acidic.

BECOME PRO-ACTIVE AND PROTECT YOUR BODY'S WELL-BEING!

- ✚ Eat A Balanced Healthy Diet
 - Most fruit and vegetables alkalize
 - Whey, yogurt, soybeans, almonds, quinoa, ect. also alkalize
 - Meats, rice, pasta, cheese, coffee, soft drinks, alcoholic beverages, are acidic
 - Balance your food intake
- ✚ Exercise
 - Any form of exercise at the level that your body responds well to is important
- ✚ Drink Water
 - 64 ounces per day is ideal
 - Dehydration leads to physical and mental impairment
- ✚ The AQUAVIDA Foot Spa
 - Increases circulation
 - Energizes the body
 - Assists the body to eliminate internal toxins

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FREQUENTLY ASKED QUESTIONS

Why do you need to detoxify your body?

The body needs to cleanse itself of toxins daily. When there are high levels of toxins in the body, energy levels are low. Sometimes our bodies accumulate more toxins than they can eliminate on their own. To help the body rid itself of these toxins there are many ways to detoxify the body. Our ionic foot spa assists the body in eliminating itself of toxins.

How often should we use the system?

We recommend that the system be used either once a week for the first five weeks. Sessions should be no closer than once every three days.

A maintenance program of one once a month is often sufficient.

You will be able to tell the appropriate maintenance schedule by how you feel.

Why is salt added to the water?

Water is a poor conductor of electricity. To improve the conductivity of the water, salt is required. Salt water is also used to create an ion in water.

Is the color of the water significant?

The color can vary from person to person and session to session.

There are many elements that contribute to the color of the water. What is important is how you feel after your detoxifying sessions.

How you feel is the most important element of a detoxification.

Why does the water change color?

Salt, the water, array coil, and sweat combine to affect the color of the water. This is a normal process.

The variation of colors is fascinating but it is the internal effects that are important, then what is happening externally in the water.

Will it remove medication from my body?

No, vitamins and medication are not removed. Only sweat which contains toxins is removed from the sweat glands in your feet.

Have you proof of what it cures?

The foot spa does not cure anything. The system can aide the body to balance its bio-energetic fields, which stimulates detoxification. When the electro-magnetic fields are balanced, the body's organs will naturally function more efficiently. Each individual's body is unique and one's reaction to the AQUAVIDA system will vary; just as each of us react differently to medications, surgeries and alternative therapies.