

Hello Gorgeous

411 Broadway
Valley Springs, SD 57068
605-757-6157
www.HelloGorgeousInc.com

INFORMATION ABOUT EAR CANDLING

Ear candling has been around for centuries and originated in ancient civilizations such as China, India and Egypt. The Native American culture, such as the Aztec and Mayan civilizations used ear candling in healing and purification before initiation rites.

An ear candle, sometimes called an ear cone, is a long hollow tube tapered to a hand-finished tip that fits comfortably into the ear. The large end of the candle is lit and the smoke gently dislodges foreign debris, softens old ear wax and helps to evaporate excess moisture. This is believed to relieve ear ache pain, provide relief from the pressure in the sinuses and allow the ear to naturally push out the ear wax.

The ear candling process is also believed to detoxify the lymphatic system and clear the sinuses, which can also improve the clarity of hearing, sight, smell and taste. More subtle changes may occur on an energy level resulting in greater emotional stability and an overall sense of well-being.

Using ear candles is generally more comfortable and less expensive than conventional methods, which can be painful. Ear candling is a non-invasive peaceful, relaxing and actually quite pleasant experience.

FREQUENTLY ASKED QUESTIONS

Is ear candling for everyone?

No! You should not have ear candling performed if you have any damage to the eardrum, ear tubes, congenital hearing loss, ankylosis of the stapes, acute mastoiditis, or recent surgical procedures to the ear.

What can I expect after an ear candling session?

You may, for a short time, feel a bit of pressure in your ears following a session. This is normal. We recommend you not fly or get fluid in your ears for 24 hours after a candling session.

Is it guaranteed to work?

While many find ear candling to be an effective procedure, everyone is different and we can't guarantee results.

How often should I have ear candling done?

It's good to do the procedure quarterly or twice a year. If you feel like you may be coming down with a cold or virus, you should candle at that time and the healing process will start right away! This aids the immune system in healing.

Will ear candling cure an ear infection?

If you suspect that you have an inner ear infection, we recommend that you see your doctor. Ear candling is not intended to replace medical treatment.

Can infants be ear candled?

Absolutely! All age groups may enjoy this procedure.

Is ear candling painful?

Not at all; in fact, many report the experience is surprisingly relaxing and soothing. You may hear crackling sounds during your session - this is normal, and not uncomfortable.